

Sports and Exercise Symposium 2022

'The Great Debate: To operate, or not to operate?'

Virtual Symposium – Delivered on Saturday 15 October 2022

Session	Presenter	Topic
Session 1: Symposium Introduction and Keynote Address, Informed consent and Shared Decision Making		
Chair: Associate Professor Jane Rooney		
	Keynote: Prof. David Hunter , Florance and Cope Chair of Rheumatology and Professor of Medicine at University of Sydney and Royal North Shore Hospital.	"To operate...or not"
	Prof Tammy Hoffman OAM FAHMS PhD Professor of Clinical Epidemiology NHMRC Senior Research Fellow Institute for Evidence-Based Healthcare Faculty of Health Sciences and Medicine Bond University	"How and why can shared decision making help?"
	Dr Stephanie Filbay PhD, NHMRC Emerging Leadership Fellow, Senior Research Associate Centre for Health Exercise and Sports Medicine , Department of Physiotherapy University of Melbourne	Management of ACL injury in Australia: Where are we now and what needs to change?
	Panel Discussion Professor David Hunter, Professor Tammy Hoffman and Dr Stephanie Filbay	Q and A panel discussion session
Session 2: Management of Commonly encountered Knee conditions		
Chair: Associate Professor Jane Rooney		
	Dr Tom Cross , Sports and Exercise Physician, Stadium Sports Clinic, Sydney	The ACL-Heal research project: presentation of a non-surgical novel bracing protocol to facilitate healing of the ACL and the development of an acute MRI classification system that is predictive of this ACL healing.
	Prof. Jonas Bloch Thorlund , Head of Research Unit for Musculoskeletal Function and Physiotherapy, Professor of Musculoskeletal Health, Department of Sports Science and Clinical Biomechanics & Research Unit for General Practice (Dept. of Public Health), University of Southern Denmark	Best evidence management of meniscal tear
	Mr Nigel Hartnett , BSc MB ChB FRACS (Orth) FAOrthA	When to operate?

	Specialist Knee Surgeon Heidelberg Heights, Melbourne	
	Panel Discussion Dr Tom Cross, Prof Jonas Bloch Thorlund and Mr Nigel Hartnett	Q and A panel discussion session

Session 3 Management of commonly encountered hip conditions		
Chair : Dr Andrea Mosler , PhD, Specialist Sports and Exercise Physiotherapist*		
	Dr Joanne Kemp , PhD, M Sports Physio, B App Sc (Physio) Associate Professor, Principal Research Fellow, Sports and Exercise Physiotherapist*, La Trobe Sport and Exercise Medicine Research Centre School of Allied Health, Human Services and Sport College of Science, Health and Engineering, La Trobe University	"When and how should physiotherapists manage hip pain in adults"
	Dr Josh Heerey , PhD, Grad Cert Sports Physio, B.Physio, Research Fellow (GLA:D Australia) La Trobe Sport and Exercise Medicine Research Centre School of Allied Health, Human Services and Sport College of Science, Health and Engineering La Trobe University	Hip related pain - Are we being Hip-notised by imaging findings?
	Dr Rintje Agricola , Orthopaedic Medicine Specialist, Erasmus University , Rotterdam	Can surgery prevent the development of hip osteoarthritis in patients with FAI syndrome?
	Panel Discussion Dr Joanne Kemp, Dr Josh Heerey and Dr Rintje Agricola	
Session 4 Specialisation in Physiotherapy Registrar case presentations		
Chair Professor Barby Singer, FACP, Specialist Physiotherapist*		
College Specialisation update Prof Barby Singer FACP (Original Contribution)		
	Case 1- Bernadette Petzel, M Sports Physio, B Physio. MACP, APA Titled Sports and Exercise Physiotherapist	Ankle Syndesmosis Injury in an Amateur Athlete
	Case 2- Michelle Istria, M Sports Physio, BSc (hons) Physio, MACP, APA Titled Sports and Exercise Physiotherapist	Lumbar spine stress fracture in an elite female gymnast
	Summary and final questions Assoc Prof Jane Rooney, ACP representatives	

*as awarded by the Australian College of Physiotherapists